

We operate a 4 week rotational menu at Little Nick Nursery and Preschool which we review regularly.

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Selection of Cereals Toast Fruit	Selection of Cereals Toast Fruit	Selection of Cereals Toast Fruit	Selection of Cereals Toast Fruit	Selection of Cereals Toast Fruit
<b>Snack</b>	Fruit Platter Milk / Water	Crackers with Cream Cheese	Fruit Platter Milk / Water	Rice Cakes and Jam	Fruit Platter Milk / Water
<b>Lunch</b>	Chicken Korma Boiled Rice	Vegetable Pasta Bake Salad Garlic Bread	Sausage Hot Pot Seasonal Vegetables Potatoes	Fish Pie with Mashed Potato Topping Seasonal Vegetables	Breaded Chicken Potato Lattice Sweetcorn & Peas
	Cod & Seasonal Veg	Vegetable Pasta Bake	Vege Sausage Hot Pot	Vegetable Bake	Vege Nuggets
	Strawberry and Vanilla Roll	Fruit Salad and Ice Cream	Rice Pudding with Jam	Sponge Cake and Custard	Eton Mess
<b>Tea</b>	Ham or Cheese Wrap Vegetable Batons Milk / Water	Spaghetti Hoops Toast Milk / Water	Soup of the Week Bread and Butter Milk / Water	Scrambled Egg Toast Milk / Water	Magherita Pizza Vegetable Batons Milk / Water
	Yoghurt & Fruit	Yoghurt & Fruit	Yoghurt & Fruit	Yoghurt & Fruit	Yoghurt & Fruit

WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Selection of Cereals Toast Fruit	Selection of Cereals Toast Fruit	Selection of Cereals Toast Fruit	Selection of Cereals Toast Fruit	Selection of Cereals Toast Fruit
<b>Snack</b>	Fruit Platter Milk / Water	Breadsticks / Raisins Milk / Water	Fruit Platter Milk / Water	Rice Cakes & Jam Milk / Water	Fruit Platter Milk / Water
<b>Lunch</b>	Sweet & Sour Chicken Boiled Rice & Veg	Meatball Pasta Mixed Vegetables	Cheesy Broccoli and Cauliflower Bake Baby Potatoes	Jacket Potato Cheese/Tuna/Beans Salad	Fish Fingers Chips Peas / Sweetcorn
	Fish Finger & Veg	Salmon with Veg	Cheesy Broccoli Bake	Jacket Potato	Vegetable Fingers
	Fruit & Jelly with Ice Cream	Fruit Crumble and Custard	Yoghurt	Peaches and Cream	Angel Delight with Sprinkles
<b>Tea</b>	Beans / Cheese Toast Milk / Water	Crumpets Vegetable Sticks Milk / Water	Filled Flatbreads Vegetable Sticks Milk / Water	Soup of the week Bread and Butter Milk / Water	Scrambled Egg Toast Milk / Water
	Yoghurt & Fruit	Yoghurt & Fruit	Yoghurt & Fruit	Yoghurt & Fruit	Yoghurt & Fruit

WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Selection of Cereals Toast Fruit	Selection of Cereals Toast Fruit	Selection of Cereals Toast Fruit	Selection of Cereals Toast Fruit	Selection of Cereals Toast Fruit
<b>Snack</b>	Fruit Platter Milk / Water	Fruit Platter Milk / Water	Fruit Platter Milk / Water	Fruit Platter Milk / Water	Fruit Platter Milk / Water
<b>Lunch</b>	Chicken Casserole Mixed Vegetables Potatoes	Chilli con Carne with Rice	Vegetable Pasta Bake Garlic Bread	Sweet & Sour Chicken with Rice	Breaded Chicken Potato Faces Sweetcorn
	Salmon & Veg	Fish Finger & Veg	Vege Pasta	Sweet and Sour Veg	Vege Nuggets
	Fruit Kebabs	Sponge Cake and Custard	Fruit Salad and Ice Cream	Strawberry and Vanilla Roll	Pineapple and Cream
<b>Tea</b>	Pizza Vegetable Sticks Milk / Water	Crumpets Vegetable Sticks Milk / Water	Filled Flatbreads Vegetable Sticks Milk / Water	Baked Beans/Cheese Toast Milk / Water	Soup of the week Bread and Butter Milk / Water
	Yoghurt & Fruit	Yoghurt & Fruit	Yoghurt & Fruit	Yoghurt & Fruit	Yoghurt & Fruit

WEEK 4	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Selection of Cereals Toast Fruit	Selection of Cereals Toast Fruit	Selection of Cereals Toast Fruit	Selection of Cereals Toast Fruit	Selection of Cereals Toast Fruit
<b>Snack</b>	Fruit Platter Milk / Water	Fruit Platter Milk / Water	Fruit Platter Milk / Water	Fruit Platter Milk / Water	Fruit Platter Milk / Water
<b>Lunch</b>	Jacket Potato Cheese/Tuna/Beans Salad	Mince Hot Pot Potatoes Seasonal Vegetables	Spaghetti Bolognese	Vegetable Bake Potatoes	Vege Fingers Potato Wedges Peas & Sweetcorn
	Jacket Potato	Fish Fingers	Quorn Bolognese	Vegetable Bake	Vege Fingers
	Peaches and Cream	Angel Delight with Sprinkles	Rice Pudding & Jam	Fruit & Jelly with Ice Cream	Fruit Crumble and Custard
<b>Tea</b>	Ham / Cheese Wraps Vegetable Batons Milk / Water	Soup of the Week Bread & Butter Milk / Water	Spaghetti Hoops Toast Milk / Water	Filled Flatbreads Vegetable Sticks Milk / Water	Crumpets Vegetable Sticks Milk / Water
	Yoghurt & Fruit	Yoghurt & Fruit	Yoghurt & Fruit	Yoghurt & Fruit	Yoghurt & Fruit

**Special Dietary Requirements** - Please speak to our manager if your child has any special dietary requirements / allergies.